			Pounds per minute picked in the Open Classes 1975 to 2015							
					Pounds					Pounds
					Per / min					Per / min
Name	State	Date	Pounds	Time	Men open	Name	Stae	Pounds	Time	Women ope
John Jackson	KS	1975	483	30	16.1			0	20	**0**
Donald Kargjens	IA	1976	399.6	30	13.32			0	20	0
Tony Polich	IA	1977	408.2	30	13.606667			0	20	**0**
Joe Anholt	IA	1978	382.8	30	12.76			0	20	0
Bob Ferguson	IA	1979	431	30	14.366667	Iren Quick	IA	113.5	20	5.675
Bob Ferguson	IA	1980	645.21	30	21.507	Esther Pabast	MN	217.16	20	10.858
Tony Polich	IA	1981	702.24	30	23.408	K Immeker	IA	277.53	20	13.8765
Albert Pabast	MN	1982	575.25	30	19.175	Iren Quick	IA	280	20	14
Tony Polich	IA	1983	485.04	30	16.168	F Geersema	SD	195.88	20	9.794
Bob Ferguson	IA	1984	729.75	30	24.325	Iren Quick	IA	205.75	20	10.2875
John Jackson	KS	1985	658.93	30	21.964333	Iren Quick	IA	283.5	20	14.175
Joe Anholt	IA	1986	921.6	30	30.72	Tammi Brabb	KS	405.7	20	20.285
Bob Ferguson	IA	1987	739.4	30	24.646667	Iren Quick	IA	289.5	20	14.475
Robert Slabaugh	IN	1988	532.02	30	17.734	Tammi Brabb	KS	237.04	20	11.852
Robert Slabaugh	IN	1989	686.2	30	22.873333	Sharon Ferguson	IA	387.5	20	19.375
Joe Pelster	NE	1990	658.75	30	21.958333	Iren Quick	IA	291	20	14.55
Bob Ferguson	IA	1991	639.01	30	21.300333	Julia VanLaar	IA	278.4	20	13.92
John Jackson	KS	1992	759	30	25.3	Tammi Brabb	KS	376	20	18.8
Robert Slabaugh	IN	1993	570	30	19	Donna Fairbanks	KS	246.5	20	12.325
Robert Slabaugh	IN	1994	618.5	30	20.616667	Julia VanLaar	IA	286.5	20	14.325
John Van Liere	SD	1995	530.69	30	17.689667	Rochelle Myers	MO	320.75	20	16.0375
Bob Ferguson	IA	1996	458.64	30	15.288	Betty Oberg	SD	270.1	20	13.505
Frank Hennenfent	**IL**	**1997**	**330.8**	**20**	**16.54**	Rochelle Myers	MO	**265.05**	**20**	**13.2525**
Frank Hennenfent	IL	1998	484.38	30	16.146	Julia Van Laar	IA	269.26	20	13.463
Frank hennenfent	IL	1999	464	30	15.466667	Rochelle Myers	MO	263.22	20	13.161
Bob Ferguson	IA	2000	351.05	30	11.701667	Julia VanLaar	IA	145.69	20	7.2845
Jerry Shey	IA	2001	522.5	30	17.416667	Julia VanLaar	IA	344	20	17.2
Wayne Guthrrie	NE	2002	473.8	30	15.793333	Rochelle Myers	MO	314.99	20	15.7495
Wayne Gutrie	NE	2003	543.25	30	18.108333	Rochelle Myers	MO	279	20	13.95
Frank Hennenfent	IL	2004	876.3	30	29.21	Rochelle Myers	MO	467.1	20	**23.355**
Frank Hennenfent	IL	**2005**	**329.88**	**20**	**16.494**	**Emma Johnson**	MO	**168.12**	**20**	**8.406**
Frank Hennenfent	IL	2006	532	30	17.733333	Rochelle Myers	MO	274.8	20	13.74
Mitchel Burns	MO	2007	691	30	23.033333	Rochelle Myers	MO	373.56	20	18.678
Frank Hennenfent	IL	2008	781.5	30	26.05	Rochelle Myers	MO	426.75	20	21.3375
Frank Hennenfent	IL	2009	682.3	30	22.743333	Rochelle Myers	MO	381.36	20	19.068
Frank Hennenfent	IL	2010	575.9	30	19.196667	Nancy Miller	IL	332.7	20	16.635
Frank Hennenfent	IL	2011	583	30	19.433333	Rochelle Myers	MO	311.5	20	15.575
Frank Hennenfent	IL	2012	480	30	16	Nancy Miller	IL	237	20	11.85
Frank Hennenfent	IL	2013	523.92	30	17.464	Nancy Miller	IL	307.74	20	15.387
Frank Hennenfent	IL	2014	570	30	19	Rochelle Myers	MO	271.12	20	13.556
Mitchel Burns	MO	2015	551.44	30	18.381333	Nancy Miller	IL	375.65	20	**18.7825**